

IAAH CONGRESS 2017: PRE-CONGRESS SKILLS BUILDING WORKSHOP 1
Thursday October 26th

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| WORKSHOP TITLE | Caring for adolescents with special health care needs, including transition from child to adult services |
| RATIONALE | There has been a worldwide increase in the population of adolescents with chronic illnesses due to improved survival and an increasing incidence of some diseases e.g. diabetes and asthma. Chronically ill adolescents are a special population due to both physical and psychosocial development including individuation and growing independence as well as expectations that they will self-manage. Transition and transfer from paediatrics to adult services are a window of opportunity for improved health care for this group of young people |
| Facilitator: | Kirsten Boisen University Hospital Rigshospitalet, Copenhagen, Denmark kirsten.boisen@regionh.dk |
| Co Facilitator: | Miriam Kaufman The Hospital for Sick Children, Toronto, Canada miriam.kaufman@sickkids.ca |
| Taking place: | Afternoon |
| Training objectives | <ol style="list-style-type: none"> 1. to demonstrate an understanding of adolescents' experiences of living with a chronic condition 2. to recognize the interrelated impacts of chronic conditions and bio-psychosocial development in adolescence 3. to effectively communicate with adolescents and their parents including addressing treatment adherence and self-management 4. to be able to develop and implement a local program for transition and transfer |
| Facilitation techniques | <ul style="list-style-type: none"> Mini-lectures Group work VIPP cards 'fish bowl'-discussions 'speed dating'-exercise Role play |