

IAAH CONGRESS 2017: PRE-CONGRESS SKILLS BUILDING WORKSHOP 6
Thursday October 26th

WORKSHOP TITLE	How to develop and run a health promotion intervention in schools (with a focus on NCDs) within the context of a multi-faceted, sustainable, systems-based approach
RATIONALE	Setting up a positive and healthy school environment plays an important role in improving the health, well-being, overall academic achievement of students and helps in reducing inequities. The best setting to reach children and adolescents is the school context and has also been recommended as an ideal setting for health promotion. This setting has been recognized to have great potential in inculcating and promoting healthy living habits and patterns among children and adolescents and thereby complementing their overall development. School-going children and adolescents usually spend about 6-8 hours of each weekday in schools, thus making health promotion a cost-effective approach which can go a long way in the prevention and control of communicable and non-communicable diseases. Moreover, scientific reviews have documented that school health programmes can have positive effects on educational outcomes, as well as health-risk behaviours and health outcomes.
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Full day workshop	Full day
Training objectives	<ul style="list-style-type: none"> • To provide a theoretical basis for designing, implementing and evaluating school-based health promotion interventions with a focus on NCDs. • To highlight best practices/case-studies on successful school-based health promotion interventions. • To provide hands on opportunities for designing logic model on NCD focused school health programme.
Facilitation techniques	<p>Total session Duration: 6 hours</p> <ul style="list-style-type: none"> • Interactive presentations with PowerPoint slides: Introductory lecture (30 minutes); AVs aids (15 minutes) followed by discussion (30 minutes) • Brainstorming session: Use of examples/case studies (45 minutes) • Small group work: to guide development of a logic model for implementing and evaluating individual interventions that also helps planners and practitioners identify feasible improvements in their organizations/systems to sustain such interventions (60 minutes)

