

**IAAH CONGRESS 2017: PRE-CONGRESS SKILLS BUILDING WORKSHOP 19**  
**Thursday October 26<sup>th</sup>**

<b>WORKSHOP TITLE</b>	Participatory Approaches to Engaging Adolescents in Promoting Adolescent Health and Wellbeing: Youth-Centered Design and Youth-Led Participatory Action Research (YPAR)
<b>RATIONALE</b>	How can we understand what motivates and drives adolescent behavior to better engage them with health services? How do we involve young people in the design, implementation, and scale-up of health policies, programs and services? Multiple recent innovations have engaged adolescents as partners and experts in identifying problems and opportunities in their communities, gathering data, and designing interventions and policies to improve living conditions for adolescents in both LMIC and HIC contexts. YPAR and youth-centered design are two key approaches that can help adolescent health researchers, practitioners, and policymakers partner with adolescents. This workshop will introduce these two approaches, highlighting similarities and distinctions, illustrative applications and simulations, and the existing evidence for effectiveness.
<b>Facilitator:</b>	Emily Ozer, PhD 415-706-0400, Berkeley, USA eozer@berkeley.edu
<b>Co Facilitator:</b>	Rebecca Hope, MD, YLabs, Cambridge, USA rebecca.hope@y-labs.org
<b>Taking place:</b>	<b>Morning</b>
<b>Training objectives</b>	<ol style="list-style-type: none"> <li>1. Demonstrate understanding of YPAR and youth-centered design.</li> <li>2. Participate in interactive team challenges, to apply YPAR and youth-centered design methods.</li> <li>3. Identify key online resources that can be used to support further capacity building.</li> <li>4. Understand the fit of YPAR and youth-centered design for specific contexts and goals.</li> </ol>
<b>Facilitation techniques</b>	Brief didactic introduction and some case study examples, interactive practice of collaborative group processes using interviews, brainstorming activities, post-it notes, and small group reflection and report-back.